

The SOPHia Project: Spring TikTok Video Competition Rules

- Submission should be a short video (max 3 mins) in mp4 format in one of the following categories:
 1. **Teach** us about a topic in physics
 2. **Present** us a project in physics that you worked on
 3. **Show** us something that you made e.g. a rocket or electrical circuit
- The format rules are very open, the goal is for students to learn about physics and have fun making a video!
- There will be six prizes in each of the above categories for each age bracket: three highly commended videos, 3rd, 2nd, and 1st place. The age brackets will be senior primary, junior secondary, and Transition Year.
- Students do not have to be in the video to enter i.e. students in a group can help plan/shoot/script the video and do not have to star in the video, any number of students from the group can be in the video.
- Also no students have to be in the video- it can be animated, made with objects, stop motion, slideshow etc.
- For students who do want to star in a video, TikTok dances and trends are encouraged, as approved by their teacher.
- Videos do not have to be posted to TikTok for entry. If posted to TikTok, videos can be stitched (side-by-side reaction) by our influencer judges. This does not affect competition judging. Videos can be posted on the SOPHia project TikTok, or your own school TikTok, as indicated on the application form.
- If posted to your school's TikTok, the video and application form still need to be sent to sophiaphysicsproject@gmail.com. Please use the hashtags #SOPHiaPhysics and #TeachMePhysics if posting to your own social medias.
- The deadline for receiving videos is noon on May 1st.
- There is no limit on the number of entries per class/school.

- If video size exceeds email limits just let us know and a secure alternative will be provided.